2024 East Coast laido Seminar *Iaido Shinsa Instructions*

There is a new application process for the East Coast laido Shinsa. Please read all instructions.

PERMISSIONS:

Provide a copy of your current Menjo. When you register, verify that the uploaded copy of your Menjo shows your current rank. If it is not current, please upload a scan or photo of your latest Menjo.

If you are a member of GNEUSKF, AEUSKF or EUSKF you do NOT need permission to test.

Members of other regional federations should provide an email showing that your federation president is aware of, and approves of, your testing at this event.

Non-AUSKF members must be a member of a federation recognized by the International Kendo Federation, and provide an email showing that your federation president is aware of, and approves of, your testing at this event.

SHINSA QUESTIONS:

Email your written responses to Parker Sensei. Answers to shins questions should be emailed to pam_a_parker@yahoo.com by the deadline below.

SHINSA FEES:

Mail your menjo check to Parker Sensei: Pam Parker, 24 Fifth Ave, Apt 426, New York NY 10011. The menjo check should be payable to Shidogakuin. The check will be destroyed if you do not pass.

Include the shinsa fee in your payment for the seminar. Follow the instructions on the Shinken.cc event page to pay by check payable to Shidogakuin, and mail it to Pam Parker at the above address.

DEADLINE:

Your emailed responses, online payment and menjo check should be received by Feb. 24, 2024

STANDING KATA:

If you do not sit in seiza, and you have previously provided a doctor's note, it is not necessary to provide another. But you do need to let us know so we can provide standing-only kata for you.

FOR MORE INFORMATION:

See the event page at: http://shinken.cc/event/2024-east-coast-iaido-seminar

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Iaido Shinsa Written Test Questions

Answer two questions from the group of questions for the rank for which you are testing.Email your answers to pam_a_parker@yahoo.com, Shinsa administrator.Include your name, the rank you are testing for, and your AUSKF ID (or other federation ID) in your email.

First Kyu Candidates:

- 1. What do you hope to gain through the study of laido?
- 2. What is reiho?
- 3. List the names of all 12 All Japan Kendo Federation laido kata.

Shodan Candidates:

- 1. What is saya biki?
- 2. Draw a simple diagram of a katana and identify at least 6 parts (in Japanese or Romanized Japanese).
- 3. Describe metsuke in one of the All Japan Kendo Federation laido katas.

Nidan Candidates:

- 1. What is the relationship between Kendo and laido?
- 2. Describe the hara, and explain its importance for laido.
- 3. What is meant by zanshin?

Sandan Candidates:

- 1. Explain *ki-ken-tai-ichi* and give an example of its application in one All Japan Kendo Federation laido kata.
- 2. Every kata of the All Japan Kendo Federation has one or more imaginary opponents. Pick two kata, and describe the number and actions of the opponent(s) in each kata.
- 3. What is *kirioroshi*? Describe its use in one All Japan Kendo Federation laido kata.

Yondan Candidates:

- 1. Define *hasuji* and discuss its importance in laido.
- 2. What is saya biki? Why do we do it?
- 3. Explain fudo-shin.