

Questions for 2026 SWKIF SLC Iaido Seminar

Please Answer two of the three questions for your desired rank.
Please send a digital copy of your Questions With Answers to zenbukandojo@gmail.com (If you are grading with NO-RANK, or challenging 3 Kyu or 2 Kyu then do not answer any of the questions below)

First Kyu (1Kyu) Candidates:

1. Discuss Metsuke.
2. List the names of the twelve All Japan Kendo Federation Iaido Kata. Include a short English translation for each.
3. Why are you studying Iaido? What do you hope to accomplish?

Shodan (1Dan) Candidates:

1. Explain what is meant by the term saya biki. Describe its use in one All Japan Kendo Federation Iaido kata.
2. What is Jo-Ha-Kyu?
3. Tsuki (thrusts) occur in five of the ZNKR Iai kata. Name these katas and identify the target areas.