

2025 NCKF Iaido Shinsa
Instructions for Shinsa Application

Name: _____ Requested Rank: _____ Test Date: _____ AUSKF ID #: _____

Instruction for exam registration

- NCKF members:
Register [here](#) by September 10. Please confirm your current rank and upload your menjo on the registration page.
- Other AUSKF members:
Register [here](#) by September 10, and upload your menjo on the registration page and your Federation President's authorization letter by email to shinchantx@hotmail.com.

All candidates requesting First Kyu and up:

- Answer the questions as directed below. Submit your answers via email to shinchantx@hotmail.com by September 17, 2024.

If you have any question:

- Send all emails to: shinchantx@hotmail.com

First Kyu Candidates — Answer two of the three questions:

1. List the names of the twelve All Japan Kendo Federation Iaido kata. Include a short English translation for each.
2. Describe the proper way of gripping the katana when cutting.
3. Why are you studying Iaido? What do you hope to accomplish?

Shodan Candidates — Answer two of the three questions:

1. Tsuki (thrusts) occur in five of the ZNKR Iai kata. Name these katas and identify the target areas.
2. Draw a simple diagram of a katana, label as many parts as you can.
3. What is kirioroshi? Describe its use in one All Japan Kendo Federation Iaido kata.

Nidan Candidates — Answer two of the three questions:

1. Discuss zanshin. Describe its use in one All Japan Kendo Federation laido kata.
2. The blade of the katana is divided into 3 parts; describe the use of each part.
3. What is meant by the term lai-goshi? Describe its use in one All Japan Kendo Federation laido kata.

Sandan Candidates — Answer two of the three questions:

1. What is metsuke? Describe its use in one All Japan Kendo Federation laido kata.
2. Describe how to clean a sword (shinken and/or iaito).
3. Discuss jo-ha-kyu.