

# Register for the shinsa at

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## Written Test Question List

Students must choose three questions and submit their answers to [peter@budogu.com](mailto:peter@budogu.com) before checking in for the test on December 14, 2024.

### Ikkyu

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1. Describe the position of your feet before striking in honteuchi and hikiotoshiuchi.  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 7.
2. Name the posture where the feet are together and the jo is held level by the side of the body.  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 5.
3. What is the command to bow to each other?  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 19.
4. What is the target for the first strike in Tsukizue?  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 89.
5. Describe your reason for beginning to practice Jodo.  
Please consult with your instructor and draw on your own personal experience.

### Shodan

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1. List the names of the 12 kihon tandoku (solo exercises).  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 15.
2. Describe in your own words how to enter the beginning position in the sixth kata, Monomi.  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 101.
3. What is the approximate overlap of sword and jo in the awase position?

Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 20

4. Name the founder of Shinto Muso Ryu.  
Musō Gonnosuke Katsuyoshi (Musō Gonnosuke also acceptable)
5. What is the purpose of Jodo training?  
Please consult with your instructor and draw on your own personal experience.

## Nidan

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1. Explain what is meant by Ki-Jo-Tai-Ichi.
2. List the names of the 12 seitei Jodo katas.  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 87
3. Name the initial kamae taken for the number 2, 3 and 7 seitei katas.  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pgs. 91, 93, and 103
4. Describe the meaning and types of rei.  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 2
5. Describe the correct attitude for Uchi to have when using tachi.  
Please consult with your instructor and draw on your own personal experience.

## Sandan

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1. What is uchi's cutting target in the tenth kata, seigan?  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 113
2. Explain in your own words how the awase position is taken in the third kata, Hissage, clarifying both the distance and timing during the movement.  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 93
3. Explain how uchi should respond to the first strike by shi in Tachiotoshi, clarifying both the movement of the feet and sword position.  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 107
4. Describe in your own words the steps in the sixth seitei kata for both shi and uchi.  
Please refer to the All Japan Kendo Federation Jodo Instruction Manual, English Edition, Pg. 101
5. What is the importance of kata practice?  
Please consult with your instructor and draw on your own personal experience.
6. What is important to prioritize when teaching?  
Please consult with your instructor and draw on your own personal experience.

## Yondan

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1. What principles are important to prioritize in instructing Seitei Jodo?
2. -Describe three of the most important things for an Ikkyu candidate to achieve in their ikkyu test?

3. Describe the benefit of practicing Seitei Jodo to someone who has never heard of it?
4. Describe the maai named in the seitei green book and label each maai in Midaredome correctly.