# 2024 AUSKF laido Shinsa

# Instructions and Questions for Shinsa Application

#### **AUSKF members:**

Register <u>here</u> by May 14, and upload a copy of your menjo if you haven't already done so. After the registration deadline, an email will be sent to your member federation president to authorize your test.

#### **FIK members:**

Register <u>here</u> by May 14, and upload a copy of your menjo if you haven't already done so. Foreign attendees may test with the permission of their Federation President. Send your Federation President's authorization letter by email to <u>pam\_a\_parker@yahoo.com</u>.

## All candidates:

Answer the questions as directed below. Submit your answers via email, by May 21 (which is one week after the registration deadline).

Send all emails to: pam a parker@yahoo.com

## **First Kyu Candidates** — Answer two of the three questions:

- 1. List the names of the twelve All Japan Kendo Federation Iaido kata. Include a short English translation for each.
- 2. Describe the proper way of gripping the katana when cutting.
- 3. Why are you studying laido? What do you hope to accomplish?

#### **Shodan Candidates** — Answer two of the three questions:

- 1. Tsuki (thrusts) occur in five of the ZNKR lai kata. Name these katas and identify the target areas.
- 2. Draw a simple diagram of a katana, label as many parts as you can.
- 3. What is kirioroshi? Describe its use in one All Japan Kendo Federation Iaido kata.

#### **Nidan Candidates** — Answer two of the three questions:

- 1. Discuss zanshin. Describe its use in one All Japan Kendo Federation Iaido kata.
- 2. The blade of the katana is divided into 3 parts; describe the use of each part.
- 3. What is meant by the term Iai-goshi? Describe its use in one All Japan Kendo Federation Iaido kata.

# **Sandan Candidates** — Answer two of the three questions:

- 1. What is metsuke? Describe its use in one All Japan Kendo Federation Iaido kata.
- 2. Describe how to clean a sword (shinken and/or iaito).
- 3. Discuss jo-ha-kyu.

# **Yondan Candidates** — Answer two of the three questions:

- 1. Define hasuji and discuss its importance in laido.
- 2. What is saya biki? Why do we do it?
- 3. Explain fudo-shin.

# **Godan Candidates** — Answer question 1a or 1b, and question 2:

- 1a. Describe the hara (tanden) and explain its importance for laido.
- 1b. What is meant by saya-no-uchi? How does it apply to AJKF Iaido?
- 2. What is Sexual Abuse, Misconduct or Harassment? What are the reporting procedures? Refer to AUSKF Policies and Procedures (PPG sec 31.00.00)

https://www.auskf.org/forms/auskf-policies-and-procedures